

Rick and Jane Small Group Marriage Journey Evaluation

Thank you for participating in the Rick and Jane Small Group Marriage Journey. Your feedback helps us improve the experience for future couples.

1. Overall, how helpful was the Rick and Jane study for your relationship?

- Very helpful Helpful Somewhat helpful Not very helpful Not helpful

2. Answer the following statements with the worst or least and 10 being the best possible.

Statement	Before	After
1. Our relationship was	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
2. We feel comfortable talking about difficult topics in our relationship.	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
3. We listen to each other with the goal of truly understanding.	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
4. We have practical tools to work through conflict.	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
5. We feel hopeful and confident about continued growth in our relationship.	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10

3. The lessons provided practical tools that we can apply in our relationship.

- Strongly agree Agree Neutral Disagree Strongly disagree

4. The study helped my spouse and me communicate about things we might normally avoid.

- Strongly agree Agree Neutral Disagree Strongly disagree

5. What was the most valuable idea, tool, or insight you gained from the study?

6. What is one communication or relationship skill you plan to continue practicing?

7. What changes have you seen in your relationship from doing this study together?
